

Rayat Shikshan Sanstha's  
**D. P. Bhosale College, Koregaon**

**Health Care Committee**

**Notice**

**23/02/2024**

The Health Care Committee is pleased to announce a special lecture by Dr. Madhav Hakke from Madhavbag Clinic, Satara, focusing on "Promoting Healthy Lifestyle and Practices." on Saturday, 24<sup>th</sup> February 2024.

All senior and junior college faculty members are requested to attend this informative session. Kindly ensure your punctuality and be present at the auditorium on time.



*Quatawadi*

**Chairman  
Health care Committee**

## **Report**

On Saturday, 24<sup>th</sup> February 2024, the Health Care Committee, in collaboration with the Internal Quality Assurance Cell (IQAC) and the National Service Scheme (NSS) department, organized an enlightening lecture on health care. Dr. Madhav Hakke, a distinguished Medical Practitioner from Satara, was invited to address the faculty members, aiming to raise awareness about adopting a healthy lifestyle and maintaining optimal health practices.

During his engaging lecture, Dr. Hakke provided valuable insights into various aspects of health care. He emphasized the importance of making informed dietary choices, promoting calorie consciousness, and highlighted the repercussions of an unhealthy lifestyle leading to various diseases. The central message underscored the significance of awareness and preventive measures, emphasizing the proverb "prevention is better than cure."

The lecture proved to be both enthusiastic and informative, capturing the attention and interest of the faculty members present. Dr. Hakke's guidance on adopting the right food habits and understanding calorie intake resonated well with the audience, fostering a deeper understanding of personal health management.

The interactive session that followed allowed faculty members to actively participate, seeking clarification and further insights. This dynamic exchange of ideas enhanced the overall learning experience and personalized the lecture to the specific needs and queries of the audience.

The program commenced with an introduction by Prof. Dr. B.S. Lokde, setting the stage for the informative session. Dr. Lokde provided context to the importance of health care in the academic community and acknowledged the collaborative efforts of the Health Care Committee, IQAC, and NSS department in organizing such valuable events.

The lecture concluded with a vote of thanks delivered by Dr. D. V. Sontakke, expressing gratitude to Dr. Madhav Hakke for his insightful presentation. Dr. Sontakke also extended appreciation to all faculty members for their active participation, making the event a success.

In essence, the Health Care Lecture proved to be a significant initiative in promoting a culture of health consciousness within the academic community, aligning with the broader goals of fostering well-being and awareness among faculty members.



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**Chairman  
Health care Committee**